#### HOLT FARM INFANTS SCHOOL BREAKFAST CLUB MENU **WEEK ONE WEEK TWO WEEK THREE**

(9.1) (30.1) (27.2) (20.3)

(16.1) (6.2) (6.3) (27.3)

(23.1) (20.2) (13.3)

#### **MONDAY**

### Hot option -toasted bagel

Choice of breakfast cereals – wholegrain or puffed rice served with semi-skimmed milk.

Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **MONDAY**

### Hot option-croissants with butter/jam

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **MONDAY**

### Hot option - cheddar cheese on toast

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **TUESDAY**

# **Hot option - Omelette**

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **TUESDAY**

#### **Hot option -Pancakes**

Choice of breakfast cereals - wholegrain or puffed rice served with semiskimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **TUESDAY**

#### Hot option - croissants with butter/jam

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **WEDNESDAY**

## **Hot option - Pancakes**

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **WEDNESDAY**

#### Hot option -toasted bagel

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **WEDNESDAY**

#### Hot option - omelette

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/vogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

### **THURSDAY**

#### Hot option - cheddar cheese on toast

Choice of breakfast cereals wholegrain or puffed rice served with semiskimmed milk. Fruit selection/yogurt/toast

Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

### **THURSDAY**

### Hot option - spaghetti hoops on toast

Choice of breakfast cereals – wholegrain or puffed rice served with semiskimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit

juice/Water/Semi skimmed milk

### **THURSDAY**

#### **Hot option –Pancakes**

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

### **FRIDAY**

### Hot option -Bacon Bap

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

#### **FRIDAY**

## Hot option -Sausage in a roll

Choice of breakfast cereals - wholegrain or puffed rice served with semi-skimmed milk.

> Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk

### **FRIDAY**

### Hot option -Bacon Bap

Choice of breakfast cereals wholegrain or puffed rice served with semi-skimmed milk. Fruit selection/yogurt/toast Drinks - Unsweetened fruit juice/Water/Semi skimmed milk



