

# HOLT FARM SCHOOLS AUTUMN MENU 2017

Fresh wholemeal bread served where marked \*

Yogurt and Fresh Fruit served as an alternative dessert daily

<p><b>WEEK 1</b></p> <p>5/9/17</p> <p>25/9/17</p> <p>16/10/17</p>	<p><b>***MEAT FREE MONDAY!***</b></p> <p><i>Pizza Day! Hearty Slice of cheese and tomato pizza</i></p> <p><i>Tomato Penne Pasta (hot)</i></p> <p><i>Salad selection</i></p> <p><i>Fresh fruit</i></p> <p><b><u>Jacket Option</u></b></p> <p><i>Grated Cheese, Tuna Mayo or Baked Beans</i></p>	<p><b><u>Main Meal *</u></b></p> <p>Oven baked Fillet of Fish in a Crispy Bubble Coating</p> <p>New Potatoes</p> <p>Sweetcorn and Peas</p> <p><b><u>Vegetarian</u></b></p> <p>Homemade Vegetarian Tart</p> <p>Chocolate Sponge</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>Main Meal *</u></b></p> <p>Local Roast Chicken</p> <p>Yorkshire Pudding/Gravy</p> <p>Roast Potatoes/seasonal vegetables</p> <p><b><u>Vegetarian</u></b></p> <p>Quorn Fillet and Yorkshire</p> <p>100% fruit lolly</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>Main Meal</u></b></p> <p><b><u>NEW -Pork Meatballs served in a rich tomato sauce</u></b></p> <p><b><u>Vegetarian</u></b></p> <p>Quorn Balls</p> <p>Rice and Salad selection</p> <p>Muller Corner Yoghurt</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>*Main Meal *NEW*****</u></b></p> <p>Local Butchers Pork Sausages with ketchup/Crispy Chips and Baked Beans</p> <p><b><u>Vegetarian</u></b></p> <p>Vegetarian sausages</p> <p>Homemade Sticky Orange and Honey Cake</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>
<p><b>WEEK 2</b></p> <p>11/9/17</p> <p>2/10/17</p>	<p><b>***MEAT FREE MONDAY!***</b></p> <p><b><u>NEW -Spaghetti Napolitaine</u></b></p> <p><b><u>Freshly cooked Spaghetti with tomato sauce and grated cheese</u></b></p> <p><b><u>NEW! Cheesy Garlic Slice</u></b></p> <p><i>Fresh Salad Selection</i></p> <p><i>Homemade Fairy Cake</i></p> <p><b><u>Jacket Option</u></b></p> <p><i>Grated Cheese, Tuna Mayo or Baked Beans</i></p>	<p><b><u>NEW*****</u></b></p> <p><b><u>Main Meal *</u></b></p> <p>Crumbed Chicken Escalope</p> <p>Diced Potato</p> <p>Baked Beans</p> <p><b><u>Vegetarian</u></b></p> <p>Quorn Escalope</p> <p>Fruit Jelly</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>Main Meal *</u></b></p> <p>Local Roast Gammon,</p> <p>Yorkshire Pudding/Gravy</p> <p>Roast Potatoes/seasonal vegetables</p> <p><b><u>Vegetarian</u></b></p> <p>Folded Free Range Omelette</p> <p>Fresh Fruit</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>Main Meal</u></b></p> <p>Homemade beef pasta bolognaise bake</p> <p><b><u>Vegetarian</u></b></p> <p><b><u>NEW Macaroni Cheese!</u></b></p> <p>Garlic Bread/Side salad</p> <p>Homemade FLAPJACK</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>Main Meal *</u></b></p> <p>Birds Eye Omega 3 Fish Fingers served with chips/ ketchup/sweetcorn</p> <p><b><u>Vegetarian</u></b></p> <p>Vegetarian Quiche</p> <p>Frozen Yoghurt Pot</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>
<p><b>WEEK 3</b></p> <p>18/9/17</p> <p>9/10/17</p>	<p><b>***MEAT FREE MONDAY!***</b></p> <p><b><u>Pasta Day! Tomato and cheese Pasta Bake with Garlic Bread and Mixed Salad</u></b></p> <p><i>Ice Cream Tub</i></p> <p><b><u>Jacket Option</u></b></p> <p><i>Grated Cheese, Tuna Mayo or Baked Beans</i></p>	<p><b><u>Main Meal *</u></b></p> <p>Local Butcher's sausages</p> <p>Mashed Potato</p> <p>Peas</p> <p><b><u>Vegetarian</u></b></p> <p>Vegetarian Sausages</p> <p>Muller Corner Yoghurt</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>Main Meal *</u></b></p> <p>Local Roast Turkey/Yorkshire Pudding/Gravy</p> <p>Roast Potatoes/seasonal vegetables</p> <p><b><u>Vegetarian</u></b></p> <p>Homemade Vegetable Loaf</p> <p>Angel Delight</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>Main Meal</u></b></p> <p>Homemade Chicken Tikka Masala, Rice Naan Bread</p> <p><b><u>Vegetarian</u></b></p> <p>Vegetable Masala</p> <p>Vanilla Shortbread with a piece of fruit</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><b><u>Main Meal *</u></b></p> <p>Birds Eye Omega 3 Fish Fingers with ketchup</p> <p>Crispy Chips/baked beans</p> <p><b><u>Vegetarian</u></b></p> <p>Quorn Dippers</p> <p>Scotch Pancake with Syrup</p> <p><b><u>Jacket Option</u></b></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>