

HOLT FARM SCHOOLS MENU

Fresh wholemeal bread served where marked *
Yogurt and Fresh Fruit served as an alternative dessert daily

<p>WEEK</p> <p>4/9/18</p> <p>25/9/18</p> <p>16/10/18</p>	<p>***MEAT FREE MONDAY!***</p> <p><i>Rainbow Pasta in tomato sauce</i></p> <p><i>Crusty bread</i></p> <p><i>sweetcorn</i></p> <p><i>ice cream</i></p> <p><u>Jacket Option</u></p> <p><i>Grated Cheese, Tuna Mayo or Baked Beans</i></p>	<p><u>Main Meal</u></p> <p>Picnic day</p> <p>Wholemeal roll with sliced ham</p> <p>Cucumber /carrot sticks</p> <p><u>Vegetarian</u></p> <p>Cheese</p> <p>lolly</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal *</u></p> <p>Gammon steak</p> <p>Yorkshire Pudding/Gravy</p> <p>New Potatoes/seasonal vegetables</p> <p><u>Vegetarian</u></p> <p>Sweet potato rosti</p> <p>Fruit Smoothie</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal</u></p> <p>Butcher's sausages served in a bun</p> <p>Salad and hash brown</p> <p><u>Vegetarian</u></p> <p>sausages</p> <p>fresh fruit</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal</u></p> <p>Oven baked Young's Omega 3 Fish Fingers with ketchup/Crispy Chips and beans</p> <p><u>Vegetarian</u></p> <p>Quorn dippers</p> <p>jelly</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>
<p>WEEK 2</p> <p>11/9/18</p> <p>2/10/18</p>	<p>***MEAT FREE MONDAY!***</p> <p><i>A French bread pizza</i></p> <p><i>Salad</i></p> <p><i>fruit</i></p> <p><u>Jacket Option</u></p> <p><i>Grated Cheese, Tuna Mayo or Baked Beans</i></p>	<p><u>Main Meal</u></p> <p>Sausage roll</p> <p>Buttered new potatoes</p> <p>beans</p> <p><u>Vegetarian</u></p> <p>Cheese and onion roll</p> <p>yogurt</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal</u></p> <p>Local Roast chicken, Yorkshire Pudding/Gravy</p> <p>Roast Potatoes/seasonal vegetables</p> <p><u>Vegetarian</u></p> <p>Roasted vegetable Yorkshire pudding</p> <p>Ice cream tub</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal</u></p> <p>Butcher's burger wedges and sweetcorn</p> <p><u>Vegetarian</u></p> <p>Quesadilla</p> <p>Lemon cake</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal</u></p> <p>Birds Eye Omega 3 Fish Fingers served with chips/ ketchup/peas</p> <p><u>Vegetarian</u></p> <p>Omelette</p> <p>Angel whip</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>
<p>WEEK 3</p> <p>18/9/18</p> <p>9/10/18</p>	<p>***MEAT FREE MONDAY!***</p> <p><i>Fish Fingers in a bun</i></p> <p><i>Diced potato</i></p> <p><i>Garden peas</i></p> <p><i>Banana & Chocolate Cake</i></p> <p><u>Jacket Option</u></p> <p><i>Grated Cheese, Tuna Mayo or Baked Beans</i></p>	<p><u>Main Meal</u></p> <p>Pork meatballs in a Swedish stlye sauce</p> <p>White rice</p> <p>salad</p> <p><u>Vegetarian</u></p> <p>Quorn balls</p> <p>Fresh fruit</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal</u></p> <p>Local Roast Chicken/Yorkshire Pudding/Gravy</p> <p>Roast Potatoes/seasonal vegetables</p> <p><u>Vegetarian</u></p> <p>Topsy Turvy tomato tart</p> <p>100% fruit lolly</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal</u></p> <p>Spaghetti bolognaise</p> <p>Garlic bread</p> <p><u>Vegetarian</u></p> <p>Macaroni cheese</p> <p>flapjack</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>	<p><u>Main Meal</u></p> <p>Chicken breast chunks with ketchup</p> <p>Crispy Chips/baked beans</p> <p><u>Vegetarian</u></p> <p>Quorn Dippers</p> <p>Frozen yoghurt</p> <p><u>Jacket Option</u></p> <p>Grated Cheese, Tuna Mayo or Baked Beans</p>