

Holt Farm Infant School

Smoke Free Policy 2016

Introduction

At our school, we take seriously our duty to promote children and young people's wellbeing and their spiritual, moral, social and cultural development (Education and Inspection Act, 2006). We see our commitment to creating a smoke free environment and developing pupil's knowledge, attitudes and skills in decision making around smoking as part of our work on keeping children and young people safe around drugs and managing risk. Accordingly, this Policy compliments our school's welfare policies.

Aim

To ensure a whole-school approach to tobacco in order to protect all members of the school community from the harms of second-hand smoke and to prevent the uptake of, and reduce the prevalence of, smoking across the school community.

Objectives

- To provide a smoke free school environment for the whole school community.
- To promote a 'Smoke Free' message to all our children.
- To ensure that all staff promote positive attitudes and behaviour in relation to tobacco.
- To ensure that staff have the knowledge and understanding of policies, procedures and agreed practice to support the implementation of the Smoke Free Policy.
- To involve all staff, governors, pupils, parents/carers and members of the wider school community including outside agencies as appropriate, in the development of policy and practice in relation to tobacco.
- To provide assistance for pupils, staff and other members of the school community who smoke and wish to stop.
- To ensure that the School's Smoke Free Policy is applied when children / young people are taken off site.

Rationale

All members of the school community have the right to work and learn in a smoke free environment.

Exposure to second hand smoke (passive smoking) increases the risk of lung cancer, heart disease and other illnesses. Exposure to role models who smoke also normalises smoking behaviour, which can have a significant negative impact on the delivery of the smoke-free message.

Smoking remains the largest preventable cause of death and illness in England, responsible for over 80,000 deaths per year. It kills half of all long term users. Two thirds of all new smokers in England are young people under the age of 18. Those who start smoking before the age of 16 are twice as likely to continue to smoke compared to those who begin later in life, and are more likely to be heavier smokers (Muller 2007). The earlier children become regular smokers, the greater their risk of developing life-threatening conditions, such as lung cancer or heart disease if they continue smoking into adulthood.

Smoke-free school sites and non-smoking staff provide positive role models for children and young people and contribute to the development of a health-promoting school (School Smoke Free Policy Template UK).

This includes the use of e-cigarettes (electronic cigarettes) due to the following reasons:

1. E-cigarettes are not yet regulated and we are still unsure about the safety of the product. They are not due for medical regulation until 2016.
2. E-cigarettes look like normal cigarettes. There are potential regulatory issues around enforcing cigarette bans.
3. There are evidence based Nicotine Replacement Therapy products available on prescription if your staff member is trying to quit smoking or having difficulty with nicotine cravings during work hours.

Providing a smoke-free environment (Procedure)

- This Policy applies to staff, parents/carers, members of the public, contractors or others working / using the School premises or vehicles and all vehicles used to transport students.
- Smoking is not permitted in any part of the school's premises and grounds including the entrance area to the school, on land adjacent to the School building (e.g. car parks, garden areas, walkways, playgrounds, playing fields etc.) or on the school road

crossing patrol areas. This Policy will apply equally to future premises at the construction stage of any new building and refurbishment or relocation project.

- There are no designated smoking areas provided within the School buildings or grounds.
- The Smoke Free Policy applies to all events / activities held in the School including before and after school sessions, any meetings organised which are attended by school employees as part of their work and/or visitors to such meetings/events.
- Suitable posters, displays and statutory no smoking signage will be displayed in school areas to create a positive visual message which supports a smoke-free working environment.
- Smoking is not permitted in any school owned/hired/leased vehicles, as well as private vehicles when used for carrying students or staff on school business. **Please note: this is a statutory requirement.** Schools also have a duty to reinforce the smoking legislation on buses used for pupil transport.
- This Policy applies when students are taken off site on school excursions/ visits/trips. Staff and accompanying helpers will be reminded that smoking is not permitted when on duty / looking after students.

Other Related Policies /Guidance

Within the School this Policy is linked to/consistent with:

- Drug Education Policy
- PSHE Policy /Healthy and Wellbeing Strategy
- Health and Safety Policy
- Behaviour Policy
- Educational Visits Policy
- Confidentiality Policy
- Equality /Diversity Policy
- Staff Continuing Professional Development Policy
- Disciplinary Policy

Responding to smoking related incidents

The following procedures will apply when there is non-compliance with the Smoke Free Policy.

Staff

The Schools Disciplinary Procedure will be followed for members of staff who do not comply with the School's Smoke Free Policy.

The staff member will be offered support to help them quit smoking through linking them with appropriate support in the community.

Non staff members/school visitors

Staff are authorised to ask non-employees who breach the Policy to adhere to the Policy.

Assistance for those who smoke

- Local NHS Stop Smoking Services are available to staff, parents/carers and students who would like to stop smoking (*please note: this service should **not** be seen as a disciplinary action*). Free group and one-to-one support may be available for staff and parents/carers through their local Stop Smoking Service www.smokefree.nhs.uk.
- The NHS Stop Smoking Service may be able to set up a group for parents/carers and/or staff in school upon request.

Monitoring and Evaluation

The Policy will be reviewed and developed in consultation with the whole school community. It will be shared with staff, parents and visitors and published on the school website.

The Policy will be monitored by the Headteacher to ensure compliance and its successful implementation.

The Policy will be reviewed every 3 years and ratified by the Governing Body.

Date of Next Review: Summer 2019